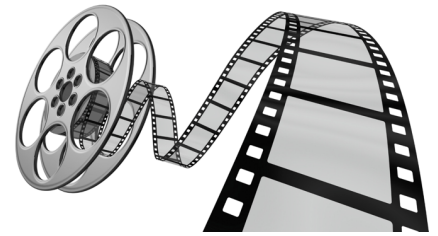


**Programmes to watch and books to read linked to
Child Development**



TV programmes:

- **One born every minute** - <https://www.channel4.com/programmes/one-born-every-minute>
- **Secret life of 4 and 5 year olds** - <https://www.channel4.com/programmes/the-secret-life-of-4-and-5-year-olds>
- **Child genius** - <https://www.channel4.com/programmes/child-genius>
- **Born to be different** - <https://www.channel4.com/programmes/born-to-be-different>
- **The baby has landed** - <https://www.bbc.co.uk/iplayer/episode/m000bpr3/the-baby-has-landed-series-1-1-brace-for-impact>
- **The children's hospital** - <https://www.bbc.co.uk/iplayer/episode/m0007pbq/the-childrens-hospital-series-1-episode-1>
- **Babies** – Netflix
- **The beginning of life** – Netflix

Books :

- Charles E. Schaefer, Theresa Foy DiGeronimo. Ages and Stages: A Parent's Guide to Normal Childhood Development
- John Medina. Brain Rules for Baby: How to Raise a Smart and Happy Child from Zero to Five
- Nahima Baldwin Dancy. You Are Your Child's First Teacher, Third Edition: Encouraging Your Child's Natural Development from Birth to Age Six
- Jane Healy. Your Child's Growing Mind: Brain Development and Learning From Birth to Adolescence
- Lise Eliot. What's Going on in There? : How the Brain and Mind Develop in the First Five Years of Life
- Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers
- Baby Play
- What to Expect the Second Year: From 12 to 24 Months