

We now have a text messaging service for  
parents/carers of children aged 0-19 who  
live in Staffordshire.

Get advice from our Public Health nurses  
(Health Visitors and School Nurses).

**TEXT: 07520 615722**



Feeding and  
nutrition



Child  
development

Parenting advice  
and support



Emotional health  
and wellbeing

Behaviour  
difficulties

Family  
health



We might inform someone if we were concerned about your safety but we would usually speak to you first. Your messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between 9am and 5pm. If you need help before you hear back from us contact your GP, nearest walk in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health visitor from sending messages to you, text STOP to our number. Messages are charged at your usual rates.