

TALKING TEENS

FREE
SESSIONS
STARTING
MARCH 2025

Free 6 week course delivered online for parents of teenagers aged 13-18 years.

The course covers

- All about you
- Parenting Styles
- Understanding Behaviour
- Setting clear and appropriate boundaries
- Healthy Families



Online Sessions start
March 26th 2025

at 12.30pm - 2.30pm



To book your place please email
groupwork@staffordshire.gov.uk